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## Him Jyoti Cadets Excel at NCC Annual Training Camp



Twenty-three cadets attended the NCC Annual Training Camp at Doon University, gaining training in drill, weapon handling, map reading, and other core activities. They also participated in competitions, with two cadets being selected for the prestigious Inter-Unit Competition and Thal Sainik Camp.





## Prioritizing Wellness



Six students attended the Mental Health Conference, hosted by The Doon School, on 30th September. The conference brought together students from ten schools to discuss mental health and break stigmas surrounding it.

Dr. Saurabh Mehrotra, Director, Mental Health, Medanta, and Mr. Maamik, Art of Living Instructor, highlighted the importance of mindfulness and emotional well-being.

## Poem Recitation Competition



On 26th July, our girls participated in the "Time to Rhyme" poem recitation competition hosted by The Oasis school. The team exhibited confidence and creativity.

## Transforming Schools into Wellness Hubs



Our Principal, Mrs. Ruma Malhotra, was nominated by CBSE to attend a five-day Capacity Building Workshop at the NCERT campus in New Delhi, under the School Health and Wellness Programme a joint initiative of UNESCO, NCERT, and CBSE. The workshop brought together over 100 school leaders from across India to focus on making schools centres of well-being. She is now part of a network of 970+ trained Master Trainers who will further this mission through CBSE's Centres of Excellence.



*"The more we learn, the more we discover how much there is yet to learn."*



## *Empowering Students Through Model United Nations*



Sixteen students represented Him Jyoti School at the 5th Edition of Unison MUN, held at the Unison World School with delegates from 14 schools. Over three days of rigorous committee sessions, they discussed pressing global issues, and strengthened their public speaking and negotiation skills.



## *John Mason Memorial Award for All Round Excellence*



The Him Jyoti community gathered to honour Khusboo Aneria with the prestigious John Mason Memorial Award. The award, carrying a cash prize of Rs. 21,000, was presented by our Vice President, Mr. Anil Chanana. Khusboo has now joined Ashoka University on 100% scholarship, and we wish her the very best in her new academic journey.



*"The only person you are destined to become is  
the person you decide to be"*

*— Ralph Waldo Emerson*



## Achievements at Wynberg-Allen Inter-School Cultural Festival



On 1st August, five students from Him Jyoti School participated in Capta Caelum, the inter-school cultural festival hosted by Wynberg-Allen School, Mussoorie.

With 23 schools competing, our students brought laurels by securing 3rd place in photography and having a painting selected among the Top 5 entries.



**“The stage teaches lessons no classroom can — of confidence, teamwork, and the joy of creation.”**

## Inter-School English Poetry Recitation Competition



On 2nd August, our girls participated in the Inter-School English Poetry Recitation competition hosted by Shigally Hill Academy. Our school secured 1st place in the group recitation, with a performance that was both powerful and graceful.

## Celebrating Culture



On 2nd August 2025, our students participated in Harmony, the inter-school cultural fest hosted by Unison World School, Dehradun, with 17 schools in attendance. The girls presented a soulful Nirgun Bhajan followed by a dynamic Hip-Hop performance. Their confidence, energy, and coordination were highly appreciated by all.





## Success At Manorite Table Tennis Tournament 2025



Five Himjyotians participated in the invitational Manorite Table Tennis Tournament, hosted by St. George's College, Mussoorie, on 2nd and 3rd August 2025. Competing against seven schools, our players earned the Promising Players Award in the U-16 Singles category, while the U-19 team secured First Prize in the Doubles, defeating Welham Girls' School in the final match.

## Visit to Himalaya Wellness Company



On 5th August, 68 students from Him Jyoti School visited the Himalaya Wellness Company, Dehradun.

The interactive tour introduced them to herbal gardens, ayurvedic medicines, and the history of natural healing.

Dr. S Farooq guided the students through the wonders of herbs and shared valuable insights into sustainable wellness practices.

The students also enjoyed a nutritious lunch, received thoughtful Himalaya Gift hampers, and left enriched with both knowledge and memories.





## Inter-School Javelin Competition



Our students made us proud at the Inter-School Javelin Competition held on National Javelin Day at Maharana Pratap Sports College. They brought home top honours, securing 1st and 2nd positions in the Under-14 and Under-16 categories, and 2nd position in the Under-18 category.

## Celebrating the timeless wisdom of Indian Knowledge Systems



The school hosted Shashwat Bharat - Indian Knowledge System, a celebration of India's civilizational heritage. With participation from several schools, the event featured enactments, AV presentations, and debates on themes like Vedic

Mathematics, Indian Philosophy, Ancient Science & Technology, Dharma, and the Arthashastra. Students engaged in thought-provoking discussions on whether ancient Indian civilisation was rooted in science or superstition.





## Voices of Confidence / Him Jyoti at Inter-School Debates



Five girls represented Him Jyoti at the Inter-School English and Hindi Debate Competitions held at Unison World School. In English Debate, they cleared the prelims with well-researched arguments and confident delivery. In Hindi Debate, they impressed with fluency, clarity, and passion for the topic.

## State Level Glory



The State Table Tennis Championship was held in Haridwar from 20th–23rd August 2025, where teams from across Uttarakhand competed with great spirit.

Vaishnavi, from Him Jyoti School, represented the Dehradun team, which displayed exceptional skill and determination. The team won against Tehri, Haridwar, Udham Singh Nagar, and Almora, moved on to the semifinals against Nainital, and finally clinched victory in the finals against the Chamoli team.

## Spelling Success



Our girls shone at the Inter-School English Spell Bee Competition hosted by Grace Academy on 21st August 2025. Competing with 7 other schools, our participants secured first position in the senior category and second position in the junior and middle categories.

## Geeta Chanting Competition 2025



Our students participated in the Geeta Chanting Competition at Chinmaya Mission Ashram and secured top positions and special prizes. They chanted verses from Chapter 15 of the Bhagwad Geeta.



## Silver Fiesta - Film Appreciation Festival



On 23rd August 2025, our girls participated in the 9th Edition of Silver Fiesta hosted by the Kasiga School. The festival began with an engaging workshop on filmmaking techniques, followed by a screening, and review of Charlie Chaplin's classic, "The Modern Times".

It was a day of learning, reflection, and creativity, where our students gained fresh insights into the world of cinema.

## SelaQui Science Decathlon 2025



On 22nd & 23rd August, our girls participated in the Science Decathlon hosted by SelaQui International School. The two-day event was based on the STEAM approach (Science, Technology, Engineering, Arts & Mathematics). Our girls took part in exciting challenges like Q Tank, Elevated Entropy, Shutter Up, Robo War, Robo Race, and Math Grills. The experience was enriching and inspiring.

## Exploring Pathways to Higher Education

"The future belongs to those who prepare for it today."

On 1st September 2025, our students attended an admission counselling workshop conducted by a resource person from Ashoka University. The session provided valuable insights into academic programs, subject choices, and the admission process.



## Celebrating the heart of our school - our teachers!

On 5th September, our girls put together a wonderful program to honour our teachers, filled with fun, laughter, and heartfelt moments. From performances to surprises, it was a joyous celebration where everyone shared smiles and appreciation.





## From Dialogue to Solutions



On 1st September 2025, 8 girls of class 10 participated in Youth Parliament 2025 at the Uttarakhand Pollution Control Board, debating on the causes, effects, and solutions to air pollution in the State.

It was a proud moment as Team Vayu from Him Jyoti School was declared the best team, with Simran winning the best delegate prize and Jyotsana being named the best speaker.

## Young voices, strong arguments !



On 1st September 2025, our girls participated in the Inter-School English Debate Competition hosted by The Doon Girls School, with 9 schools taking part. Him Jyoti School secured Third Position in the Junior Category.



## National Sports Day Felicitation



On 28th August, four of our outstanding students, were felicitated by Smt. Rekha Arya, the Hon'ble Minister for Women & Child Welfare in the Uttarakhand Government.

Our girls received their awards with pride and grace, making everyone beam with admiration.

## Exploring the World of Butterflies

A Butterfly Session for the members of the Eco Club, was conducted by Nature Science Initiative . The workshop introduced students to the different butterfly species, their differences from moths, and methods of rearing caterpillars.





## Junior Level State Athletic Meet



On 6th and 7th September, our girls participated in the Junior Level State Athletic Meet at Maharana Pratap Sports College, showcasing their skills and determination.

### Special Achievements:

Priya Rana (U-14) – 2nd in Javelin Throw  
 Rashmi (U-12) – 2nd in Javelin Throw  
 Palak (U-16) – 3rd in Long Jump  
 Kajal (U-18) – 3rd in Javelin Throw  
 Sunita (U-18) – 2nd in Discus Throw  
 Rani Negi (U-18) – 2nd in Long Jump.

Our girls proudly represented the school in the Thal Sainik Camp (TSC) 2025. They began with the Inter-Unit Competition (IUC) in July, advanced to the Inter-Group Competition (IGC), and then participated in TSC Pre-1 and Pre-2 camps. On 31st August, they went to Delhi for the prestigious All India Thal Sainik Camp (AITSC) 2025.

We are delighted to share that they secured 3rd position in the firing competition.



## All India Thal Sainik Camp 2025!



## Hindi Diwas



On 14th September 2025, Aditi of Class 12, made us proud by securing 1st prize in the 'Yatra Vrittan' writing competition. The competition, organised by Uttarakhand Bhasha Sansthan to mark Hindi Diwas, was graced by eminent dignitaries, including Agriculture Minister Shri Ganesh Joshi, and IAS Shri Sanjeev Chopra. She received a cash award of ₹7000 from Shri Subodh Uniyal, Forest Minister of Uttarakhand.



## National Anveshika Experimental Skill Test (NAEST) 2025



We are happy to share that one of our students participated in the National Anveshika Experimental Skill Test (NAEST) 2025, a national-level competition promoting hands-on learning in physics. Out of over 8,000 students in the preliminary round, only 39 advanced to the semi-finals at Sopan Ashram, Kanpur.

She attended workshops, lab sessions, interactive activities with expert physicists, and got a chance to visit the IIT Campus. While she did not reach the final round, we are proud of her efforts and the valuable experience gained.

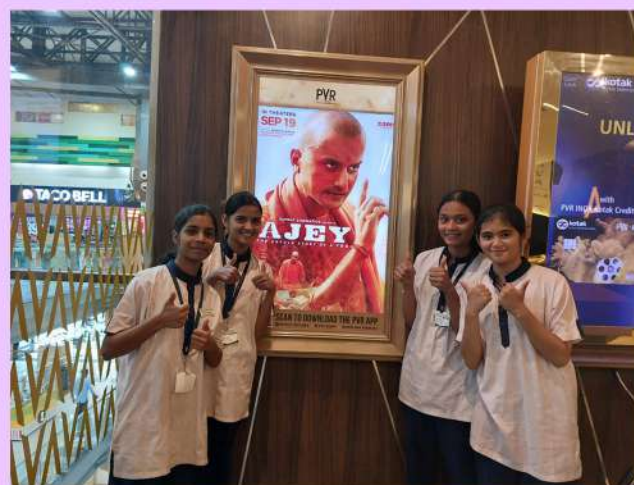


## An Inspiring Cinematic Experience



The girls watched "Ajey: The Untold Story of a Yogi" on 19th September at Pacific Mall, Dehradun. The film traced the journey of Yogi Adityanath—from a quiet child to a Yogi and later a reformist leader—highlighting his challenges, bold decisions and leadership.

The girls thoroughly enjoyed the outing and found the story both engaging and motivating.



*"Leadership is not about being in charge.  
It is about taking care of those in your charge."  
Simon Sinek*



## Him Jyoti Athletes Excel at the Nationals



At the 36th North Zone Junior Athletics Championships held from 23rd to 25th September 2025 in Prayagraj, three of our girls represented Him Jyoti School with pride. Competing among participants from nine states, one of them secured 3rd position in Discus Throw, bringing laurels to the school.

## From Ideas to Innovation - Himjyotians at Robotex Championship 2025



15 girls participated in the Robotex India National Championship 2025 held at MIT ADT University, Pune, from 17th to 23rd September.

Competing in the Entrepreneurship Challenge (Intermediate category), two of our teams reached the Top 20 nationally, showcasing their innovative models with confidence and technical skill.

The event offered valuable exposure to robotics, engineering, and entrepreneurship, and inspired them through interaction with young innovators from across the country. The visit to *Shaniwar Wada* added a historical dimension to the trip, making it both enriching and memorable.



*The best way to predict the future is to create it.*  
— Alan Kay